

Bedford County



Senior Olympics

2011

GENERAL INFORMATION

AGE CATEGORIES

The Bedford County Senior Olympic age categories are as follows:

50-54 55-59 60-64 65-69 70-74
75-79 80-84 85-89 90-94 95+

Participants will qualify for age divisions according to their age as of December 31, 2011.

In doubles events, teams will compete in the division determined by the age of the youngest team member.

REGISTRATION

Participants may enter an unlimited number of events. However, one may not register for events that will overlap in time.

Upon receipt of registration, athletes will receive a confirmation letter and newsletter with event details. Please make sure all the information is correct on your confirmation letter. For questions or corrections, please contact Cindy Allen at (931) 684-9780.

RULES & EQUIPMENT

All events will be conducted in accordance with the 2010 Tennessee Senior Olympics Official Rules Manual. The complete manual is available at www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Equipment for each event will be furnished by the Bedford County Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event(s).

CONTACT INFORMATION

Address: Bedford County Senior Olympics

P.O. Box 1726
Shelbyville, TN 37162

Phone Number: (931) 684-9780

Fax Number: (931) 685-0190

Email: shelbyvillerec@shelbyvilletn.org

EVENT SITES

**H. V. Griffin Park &
Shelbyville Recreation Center**
220 Tulip Tree Dr.
Shelbyville, TN 37160
(931) 684-9780

Shelbyville Bowl
105 Davis Lane
Shelbyville, TN
(931) 685-1173

Blackberry Ridge Golf Club
3824 Highway 231 North
Shelbyville, TN 37160
(931) 437-2343

Shelbyville Central High School Track
401 Eagle Blvd.
Shelbyville, TN 37160

CHECK-IN FOR EVENTS

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If an athlete is not present at game time, he or she will be scratched even if the participating at another Senior Olympic event. Game Time is Forfeit Time.

INCLEMENT WEATHER

The Bedford County Senior Olympics reserve the right to cancel or postpone events in case of inclement weather or extenuating circumstances.

Event Schedule

Monday, March 21, 2011

- 9:00am Fitness Walk - Men & Women (65 & Older)
- 10:00am Basketball Free Throw, 3-Point, and Hot Shot Shooting – Men & Women (65 & Older)
- 1:00 pm Bowling – Singles (All Ages)

Tuesday, March 22, 2011

- 10:30am Swimming – All Events / Men & Women (65 & Older)
- 1:00 pm Bowling – Doubles (All Ages)

Wednesday, March 23, 2011

- 10:00am Horseshoe Pitching – Men & Women (65 & Older)
- 5:00pm Swimming – All Events / Men & Women (50 - 64)
- 5:30pm Fitness Walk - Men & Women (50 - 64)
- 6:15pm Basketball Free Throw, 3-Point, and Hot Shot Shooting – Men & Women (50 - 64)

Thursday, March 24, 2011

- 9:00am Shuffleboard – Men & Women (65 & Older)
- 1:00pm Shuffleboard – Doubles (All Ages)
- 5:00pm Shuffleboard – Men & Women (50 – 64)

Friday, March 25, 2011

- 10:00am Badminton – Men & Women (65 & Older)
- 1:00 pm Bowling – Mixed Doubles (All Ages)
- 5:00pm Table Tennis – Men & Women (All Ages)
- 6:00pm Badminton – Men & Women (50 – 64)

Saturday, March 26, 2011

- 10:00am Horseshoe Pitching – Men & Women (50 - 64)
- 2:00pm Track & Field – All Events / Men & Women (All Ages)
Softball Throw – Men & Women (All Ages)

Saturday, April 2, 2011

- 10:00 am Tennis Starts – Singles & Doubles (All Ages)

Saturday, May 7, 2011

- 10:00am Golf – Men & Women (All Ages)

Bedford County Senior Olympics

The mission of the Bedford County Senior Olympics is to maintain and improve the health and wellness of Bedford County's seniors (ages 50 and older), to provide a competitive athletic, recreational, and creative experience for seniors (ages 50 and older), and to provide an opportunity for socialization for seniors (ages 50 and older) across the county.

NAME: Last _____ First _____ M.I. _____

DATE OF BIRTH _____ 0 FEMALE 0 MALE

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ WORK PHONE _____

E-MAIL ADDRESS _____

EMERGENCY CONTACT _____ RELATION _____

WORK PHONE _____ HOME PHONE _____

DOCTOR _____ PHONE _____

DO YOU HAVE SPECIFIC HEALTH CONDITIONS OR PROBLEMS THAT WOULD NEED TO BE KNOWN IN CASE YOU NEED EMERGENCY TREATMENT? IF YES, WHAT ARE THEY? _____

ARE YOU INTERESTED IN VOLUNTEERING TO HELP WITH THE GAMES?
___NO ___YES I WOULD PREFER TO VOLUNTEER TO: _____

RELEASE OF ANY AND ALL CLAIMS

As a condition of being allowed to participate in the Bedford County Senior Olympics

1. Prior to participating in any event, I will inspect the facilities and equipment to be used. If I believe that either the facilities or the equipment are unsafe, I will immediately advise an official of the Games and the Event Director of such condition(s), and refuse to participate.
2. I assume all risk of injury, including but not limited to disability, death, and economic losses which may result not only from my actions or negligence, but also from the actions or negligence of others, the condition of the premises, or the condition of the equipment. I accept personal responsibility for any and all injuries or damages resulting to me.
3. I agree not to sue the Bedford County Senior Olympics, the Shelbyville Parks & Recreation Department, the City of Shelbyville, and/or their respective agents, servants, administrators, directors, employees and volunteers; and I release, waive and discharge them from any and all liability, claims, damages and/or losses caused or alleged to be caused to me, in whole or in part, by the negligence of any party; and to indemnify and hold harmless the Bedford County Senior Olympics, the Shelbyville Parks & Recreation Department, the City of Shelbyville, and/or their respective agents, servants, administrators, directors, employees and volunteers from any and all claims arising from any injury I may suffer.
4. I grant to the Bedford County Senior Olympics and the Shelbyville Parks & Recreation Department permission to take photographs of me, and to use such photographs in any exhibition, advertisement, editorial or in any way whatsoever, in their sole and absolute discretion.
5. I have read the above Liability Waiver and Release of Any and All Claims. I have had an opportunity to ask questions concerning this Waiver and Release. I voluntarily and as my free act and deed, sign this Liability Waiver and Release of Any and All Claims.

Signature: _____ Date: _____

BEDFORD COUNTY SENIOR OLYMPIC EVENTS

(Please Check the Events You Wish to Participate In)

Basketball	Swimming
Free Throw Shooting	50 M Freestyle
3-Point Shooting	100 M Freestyle
Hot Shot Shooting	50 M Backstroke
Bowling – Required lane fees.	100 M Backstroke
Singles	50 M Breaststroke
Doubles	100 M Breaststroke
<i>Partner -</i>	50 M Butterfly
Mixed Doubles	100 M Butterfly
<i>Partner -</i>	100 M Individual Medley
Horseshoe Pitching	
Tennis	Track & Field
Singles	Discus
Doubles (<i>Doubles partners may be mixed.</i>)	Shotput
<i>Partner -.</i>	Javelin
Shuffleboard	100 M Dash
Singles	200 M Dash
Doubles (<i>Doubles partners may be mixed.</i>)	
<i>Partner -</i>	
Golf – Required cart and green fees	
Table Tennis (<i>Singles Only!</i>)	Softball Throw
Badminton (<i>Singles Only!</i>)	Fitness Walk – 1 Mile

I AM INTERESTED IN THE BELOW TEAM SPORTS:

3 on 3 Basketball _____ Softball _____ Volleyball _____

<p>This form must be completed and postmarked by March 16, 2011 in order to participate. Tennis players may register until April 1, 2011. Golf participants may register until May 6, 2011.</p> <p><i>Forms may be mailed to:</i></p> <p style="text-align: center;"><i>Bedford County Senior Olympics P.O. Box 1726 Shelbyville, TN 37162</i></p> <p><i>or returned to the Shelbyville Recreation Center.</i></p> <p>Please include your partner's name when registering for double's events. Partners must also submit a registration form.</p> <p>You may not enter an event after the deadline.</p>	<h3 style="text-align: center; margin: 0;"><u>Entry and Event Fees</u></h3> <p>Registration Fee _____ <i>(postmarked by 2/28/2011 - \$5.00; after the 28th - \$6.00)</i></p> <p>I am participating in golf. (Add \$20.00) _____</p> <p>I am participating in a bowling event. _____ x \$3.00 = _____ Number of events entered</p> <p>2011 Bedford County Senior Olympic T-Shirt (S, M, L, XL, 2X - Add \$5.00) _____ Size - _____</p> <p>Donation _____</p> <p>TOTAL AMOUNT ENCLOSED _____</p> <p style="text-align: center;"><i>Make Checks Payable to Bedford County Senior Olympics</i></p>
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